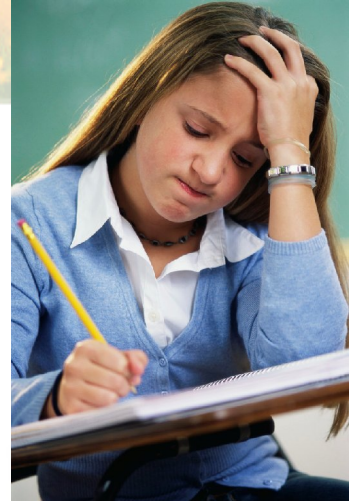


# Stress Busters Leadership Group



presented by

# Total Life Counseling Center



**Is your Middle School student, overanxious, impulsive, poor mood control, cutting themselves, head banging-worried, or overwhelmed?**

**If so come Join us Wednesday Afternoons at 5pm and learn ways to handle stress, and relaxation techniques.**

**Facilitator: Evelyn Wenzel, MSW, LCSW, CAP & FL Lic.# SW5764**

**Locations: 1507 S. Hiawasse Road, Suite 101, Orlando**

**Fee: \$48 per group.**

**TO REGISTER CALL (407) 248-0030. GROUP SIZE IS LIMITED!**

**If you have any questions or need additional information, please contact Evelyn Wenzel, LCSW, CAP at 407-248-0030.**

# Adolescent Alcohol & Substance Use

## Groups

presented by

# Total Life Counseling Center



- ◆ Relapse Planning/Management
- ◆ Grief/Loss
- ◆ Anger Management
- ◆ Stress Management
- ◆ Family Issues
- ◆ Social Interaction

Court Referrals are accepted  
Call Today to set up a screening.

**Evelyn Wenzel, LCSW, CAP**

Metro West/Winter Park

Phone: 407-248-0030

Email: [evelyn@totallifecounseling.com](mailto:evelyn@totallifecounseling.com)

Web Page: [www.totallifecounseling.com](http://www.totallifecounseling.com)

