# Social Skills Horse Camp

TOTAL LIFE COUNSELING CENTER









#### Leadership and Social Skills Horse Camps

Key Benefits

- \*For Students ages 6-9 & 10-16
- \*Positive socialization
- \*Build relationships
- \*Reading Non-Verbal Cues
- \*Character Building
- \*Leadership/Communication Skills
- \*Responding to Provoking/Bullying
- \*Anger Management/Conflict Resolution
- \*Coping Skills
- \*Overcoming fears
- \*Building self-confidence
- \*Reduce Anxiety

### **Equine Facilitated Learning**

- \*Cleaning Stalls
- \*Setting Feed & Hay
- \*Saddle Fitting
- \*Horse Behavior & Handling Techniques

\$500 - Screening required for non-TLC Clients (Lunch Included)

Ages 6-17, June 20th-24th, 8 AM-12 PM



1507 S. Hiawassee Road, Suite 101
Orlando, FL 32835
East Orlando & Clermont
Social Skills Classes coming soon
Phone: 407-248-0030
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## 15 SYMPTOMS OR TIPS TO IDENTIFY SOCIAL CONCERNS:











If you can answer two or more of these symptoms about yourself or your student, this may indicate a need for help to connect socially with your peers and to prepare for the real world.

#### Here are a few symptoms to look for:

- © Unable to recognize non-verbal cues
- Tendency to get in peers' personal space
- Annoy others to get attention
- Low self confidence
- Poor eye contact
- ©Only interested in myself/or them-self rather than taking an interest in peers
- Talk too much
- Lack assertion
- Try too hard to make friends laugh
- Inability to roll with conflict
- Have a need for justice and fairness, and judges peers
- Isolate or withdraw from peers
- Always want to be first or want things my/or their way
- Friends do not call to hang out!



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