

Speaking Biography



Janie Lacy, M.S., who practices in Orlando, FL, is recognized as a relationship expert. She brings a unique approach with her experience as a communicator, counselor and coach. Janie has been sought out for her treatment approach to anger management, sexual addictions, and pre-marital/marital challenges. Janie also has been in demand by the media. She has had numerous appearances on WOFL Fox 35, National Syndicated Daily Buzz Show, WESH Channel 2 NBC Affiliate, and Central Florida News 13. She has also recently appeared on The Bud Hedinger Show on AM 540 WFLA.

Janie has been a guest speaker for numerous organizations including the Florida Association for Christian Colleges & Schools (FACCS), the University Behavioral Center, the University of Central Florida, and DeVry University. Janie also facilitates a monthly 8-hour seminar on Anger Management in the Orlando community. A participant in the workshop stated it was a “fun and conversational approach!” Janie has a motivational style of speaking and believes in giving audiences practical information that they can use on a daily basis.

Janie’s mission is to use her talents and abilities to help people of all ages, stages, backgrounds, and economic levels achieve their human potential through fully developing their minds and their talents. Janie’s belief in the “Total Life” approach is implemented through her therapeutic treatments addressing the physical, mental, social, emotional, and spiritual aspects of the individual.

Speaking Topics Available But Not Limited:

- **Healthy Boundaries In Relationships**
- **Protecting Your Asset: Invest in Your Marriage**
- **How To Tame The Inner "Hulk"**
- **Battling Sexual Addictions**
- **The "Hook Up" Mentality**
- **"Girls Gone Wild" Young Women High Risk Behaviors**
- **Suicide Prevention: Question, Persuade, Refer**
- **Tools For Building Personal Leadership Skills**

To Request A Speaking Event Contact:
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