



Cassandra Burchfield – Biographical Information

Sandi has a passion to see families experience the total life in a healthy and positive way. Regardless of one's circumstances, background, or chemical makeup, all children, adolescents, and adults should be able to enjoy a life of fulfillment and purpose.

Educational: Sandi received her Masters in Counseling Psychology through Palm Beach Atlantic University. Cassandra also has her Bachelors of Science degree in Psychology & Criminology from the University of Tampa. She is currently a member of the AAMFT (American Association of Marriage and Family Therapists) and the local Florida Chapter.

Professional: Sandi has extensive training and experience working with children and adult victims of sexual and physical abuse, parental neglect, and domestic violence with the Department of Children & Families, as well as with a local domestic violence shelter. She also has experience in working with the Department of Juvenile Justice. Sandi has training and works frequently with families who are struggling and having difficulties with children who have developmental disabilities, such as the autistic spectrum disorders and Down's Syndrome.

Sandi has invested in the lives of foster care children and teenagers in the state of Florida; infants and toddlers with special needs and developmental disabilities; and adolescents and young adults as she works alongside her husband in youth ministry at their church. After working with adults in the middle to late stages of adulthood, Sandi firmly believes that children, youth, and adults alike will live up to the expectations set before them: both positive and negative.

Special Interests:

- *Family Relationships: Parent/Adolescent Conflict, Transitions Between the Developmental Stages in the Life Cycle*
- *Pre-Marital Counseling **Lake County Court Approved Premarital Course Provider***
- *Marriage Counseling (Enrichment or Distress Related to any of the following):*
- *Oppositional Defiance*
- *Parent Separation and Abandonment*
- *Sexual Abuse / Sexual Assault*
- *Domestic Violence / Codependency*
- *Depression, Including Post-Partum Depression*
- *Infant / Toddler Mental Health & Attachments*
- *Autism Spectrum Disorders*
- *Anxiety*

Personal Life: Sandi and her husband, Donnie, have three young children: Madisyn, Brintlee Grace, and Bryce. She is supportive of Donnie and his endeavors as a youth pastor and high school football and wrestling coach.

Total Life Counseling Center, Inc.
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