



**Individual, Family, Marriage
& Group Counseling**
P: 407-248-0030
F: 407-248-0226
Satellite Locations: E. Orlando,
Clermont & Winter Park

Skype

Total Life Counseling will use Skype software to videoconference with clients for a non-medical counseling session. Clients will need a computer, an Internet connection, a video camera and microphone. To use Skype, download the Skype program and set up a free account (if you do not have one already):

1. Visit www.skype.com
2. Choose the **Business** tab
3. Click the **Download now** button
4. The installation will begin automatically. Follow the instructions on screen provided to walk through the install and create the account.

I understand that communicating via the Internet is not 100% secure. I have read what Skype™ writes about its level of security and encryption (www.skype.com/security/safety/safety.html#privacylevels) and I am comfortable using Skype™ for my counseling sessions. I agree that Total Life Counseling should not be held responsible in the event that any outside party passes Skype's™ security and discovers personal or confidential information.

Online counseling is not for you if you are seriously considering hurting yourself (suicide) or hurting someone else. If you are currently suicidal or afraid you may hurt someone else you need to immediately get yourself to a local mental health hospital or facility. In an absolute emergency call 911 for help or dial 211 for a national help line.

Signature: _____

Date: _____