

# Social Skills Classes & Camps

## Leadership Classes

for Lower, Middle, High School, and Adults

- Focus and Listening Skills
- Communication Skills
- Anger Management
- Decision Making Skills and Self-Esteem
- Stress Management and Relaxation Training

\$48 individual class; \$120 prepaid package for 4 classes (1 hour class)

## Leadership Camps

### **SaturDay Ropes Camp**

- Positive Socialization Skills Training
- Team Building Skills and Communication Skills
- Determination Skills
- Character Building
- Responding to/ Provoking Bullying

\$150 (Lunch Included)

Ages 6-16, Saturdays, 8:30-3:00 PM

### **Overnight Summer Camp**

- “Experiential” Learning that accelerates:
  - Trust
  - Healthy Communication
  - Friendships
  - Leadership

### **Horse Half-Day Camp**

- Reading Non-Verbal Cues
- Coping Skills and Support
- Overcoming Fears
- Empathy Skills
- Teamwork Skills

\$500 (Lunch Included)

Ages 6-16

**Screening required for non-TLC Clients**



### **Testimonial:**

“I just wanted to shoot you an email to thank you for your help with our daughter. I can’t tell you how perfect these Monday evening sessions are. They address the EXACT problems she is currently having at school. She loves coming to see you and the boys in her group. I am sorry for all the interrupting she does. I am grateful for how kindly and respectfully you handle it—it teaches me how to do the same. I have been spreading the word about the TLC center. Her psychiatrist, Dr. Susanna Chyu was very intrigued.”

– Parent



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# 15 SYMPTOMS OF SOCIAL DELAYS



If you can answer two or more of these symptoms about yourself or your student, this may indicate a need for help to connect socially with your peers and to prepare for the real world.

## Here are a few symptoms to look for:

- 👉 Unable to recognize non-verbal cues
- 👉 Tendency to get in peers' personal space
- 👉 Annoy others to get attention
- 👉 Low self confidence
- 👉 Poor eye contact
- 👉 Only interested in myself/or them-self rather than taking an interest in peers
- 👉 Talk too much
- 👉 Lack assertion
- 👉 Impulsive or blurt out responses
- 👉 Try too hard to make friends laugh
- 👉 Inability to roll with conflict
- 👉 Have a need for justice and fairness, and judges peers
- 👉 Isolate or withdraw from peers
- 👉 Always want to be first or want things my/or their way
- 👉 Friends do not call to hang out!



**JAMES WEST, LMHC, NCC** | Connects quickly with students: Jim has a unique way of bonding with children and adolescents through Play Therapy, Power Point Presentations, Interactive Games, Recreation Therapy and staying current with the constantly changing world of the children & adolescents. Jim also stays current with adolescents through his 13 years experience in youth ministry in speaks to students at school assemblies, youth groups and conventions.

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