

Additional Seminars, Convocations or Retreats

Evelyn is available to speak on a variety of topics:

- Substance Abuse
- Eating Disorders



- Women's Issues
- Parenting Difficult Children
- Sexual Abuse
- Conflict Resolution
- Depression
- Anxiety

For additional information and testimonials visit our website & click "Consultation."

Booking & Pricing

Please give us a call for pricing. The cost varies based upon the format, travel, and the amount of time needed to accomplish your goals. Some schools may not budget for a consultation of this type and often PTA groups help to raise the funds to make this possible.



Total Life Counseling Center

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Total Life Counseling Center

Substance Abuse Programs



Substance Abuse
Assessment, Individual
and Group Services

Evelyn Wenzel,
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Tel 407-248-0030

Substance Abuse Program in Metro West

TLC is committed to provide a quality substance abuse program not only in Winter Park, but in much needed services in Southwest Orlando. Our goal is to assist attorneys and physicians in assessment and treatment of clients with addiction issues. Our primary objective is to facilitate treatment and promote wellness to adolescents and adults before they enter the legal



system. Secondly, in a cooperative effort we will work with probation officers, attorneys

and physicians to provide more intensive substance abuse services to adolescents and adults.

Substance Abuse Education

An important aspect of substance abuse treatment is helping the client understand the nature of the addictive process.

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Education helps them recognize the reality of the physiological and psychological impact of drugs and alcohol abuse.

Relapse Prevention

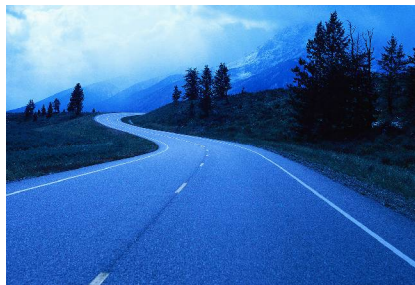
Relapse prevention is the common thread in treatment from assessment to program completion. Learning social interaction skills, stress and anger management are an integral part of long term efficacy. Treatment will help clients look at their thought patterns and risky behaviors which have lead to risky behavior and past relapses in an effort to help client make better choices.



Accountability

Moving past denial is facilitated by individual and group accountability. It is easier to beat the disease when a client feels there are others that have been down the same road.

Sometimes accountability may require drug screens and Total Life Counseling will send clients to labs for screenings.



Groups

There are many male groups available in the private sector, but there's a great need for adolescent and women's groups in our community and Total Life is committed to making these services available not only in Winter park, but in Southwest Orlando.

Individual treatment is often tailored to the client and at Total Life our groups will also be designed to meet the needs of those individuals. We will use art therapies, and traditional group work incorporating the 12 Step program. Along with traditional psychopharmacological approaches to treating dual diagnosis, proven FDA approved holistic approaches are

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offered. Clients travel to TLC from Georgia, the Bahamas and all over the state of Florida as TLC over the past 2 years has helped 85% of our clients without medication. We do coordinate, however, with the best prescribers in town if necessary.