

WELCOME!

Congratulations!

The hardest step with counseling is making the first appointment and you did it! Here are a few recommendations to keep your momentum so you can maximize your benefits from coaching or counseling:

Financial Concerns: If there are any financial issues or concerns we may be able to work with you on this.

Calendar: Always remember to have your calendar when you come to TLC and when you call to reschedule:

Save time: Having your calendar will save you time and keep you from needing to remember to call us back

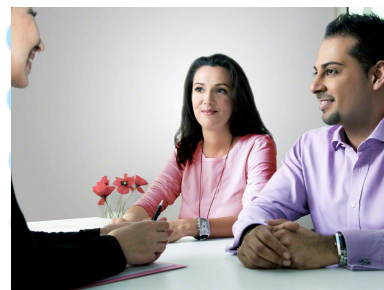
Life gets busy: Often people forget to call back to reschedule or schedule a follow-up appointment

Consistency: Follow-up appointments are important in order to receive the maximum benefits from your first session!

Canceling or rescheduling: If you do not receive a reminder call please keep in mind the reminder is a courtesy but we need to leave it up to you to contact us at least two (2) business day prior to your appointment time if you need to reschedule

Expectations: Everyone has their own idea of what to expect from counseling varying from watching Dr. Phil or prior experiences. Please discuss your feelings if you feel your expectations are not being met. We can usually address this concern right away.

Closure: When things are going well often clients cancel their appointment before letting us know about their progress. We love to hear the good news so it's very important to have that final session to celebrate your counselor!



Directions:
For directions to our location, please download the maps at totallifecounseling.com/maps

Bring Forms:
Please remember to print out your new client registration forms and fill them out prior to your first session. Download the forms @ totallifecounseling.com/forms

Should you need further assistance or an emergency arises before we can meet, please feel free to call 407-248-0030



StressLessSeries.com



TotalLifeCounseling.com



Individual, Family, Marriage & Group Counseling

P: 407-248-0030

F: 407-248-0226

Satellite Locations:

East Orlando, Clermont, Winter Park & Lake Mary

GENERAL INFORMATION

Date : _____ How did you hear about us? _____

Full Name: ☐ Mr. ☐ Mrs. ☐ Ms. ☐ Miss ☐ Dr. _____

Name You Prefer: _____ Age : _____ Date of Birth): _____

Sex: ☐ Male ☐ Female Other: _____

Race: ☐ White ☐ Black ☐ Hispanic ☐ Asian ☐ Other: _____

CONTACT INFORMATION

Street Address: _____ Suite/Apartment Number: _____

City: _____ State: _____ Zip Code: _____ May We Send Mail Here: ☐ Yes ☐ No

Home Phone: (_____) _____ May We Leave a Message Here: ☐ Yes ☐ No

Mobile Phone: (_____) _____ May We Leave a Message Here: ☐ Yes ☐ No

Email Address: _____ May We Send Email Here: ☐ Yes ☐ No

I would like to be added to Total Life Counseling Newsletter to receive free articles, tips and resources: ☐ Yes ☐ No

I prefer to be ☐ texted ☐ emailed ☐ phone call ☐ none for appointment reminders.

EMERGENCY CONTACT

Name: _____ Relationship: _____

Home Phone: (_____) _____ Mobile Phone: (_____) _____

EMPLOYMENT INFORMATION

Employer: _____ Length of Employment: _____

Occupation: _____ Average Hours Worked Per Week: _____

Average Annual Salary: ☐ \$0 to \$10,000 ☐ \$20,001 to \$40,000 ☐ \$50,001 to \$60,000 ☐ \$80,001 to \$100,000
☐ \$10,001 to \$20,000 ☐ \$40,001 to \$50,000 ☐ \$60,001 to \$80,000 ☐ More than \$100,000

EDUCATION INFORMATION

Last Year of School Completed: ☐ 9 ☐ 10 ☐ 11 ☐ 12 ☐ GED College: ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ Other: _____

Are You Currently in School: ☐ Yes ☐ No. If Yes, What School: _____

RELATIONAL INFORMATION

Current Relational Status: ☐ Single ☐ Dating ☐ Engaged ☐ Married ☐ Separated ☐ Divorced ☐ Widowed

Are You Content with Your Current Status: ☐ Yes ☐ No. If No, Briefly Explain: _____

If Married, How Long: _____ Number of Previous Marriages for You: _____ For Your Partner: _____

If Separated or Divorced, How Long: _____ If Widowed, How Long: _____

Partner's Name: ☐ Mr. ☐ Mrs. ☐ Ms. ☐ Miss ☐ Dr. _____

1507 South Hiawasse Road Suite. 101, Orlando FL. 32835
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How Long Have You Known Your Partner: _____ Age: _____ Preferred Name: _____

Partner's Race: ☐ White ☐ Black ☐ Hispanic ☐ Asian ☐ Other: _____ Partner's Sex: ☐ Male ☐ Female

Partner's Occupation: _____ Average Hours Worked Per Week: _____

Last Year of School Partner Completed: ☐ 9 ☐ 10 ☐ 11 ☐ 12 ☐ GED College: ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ Other: _____

What Words Would You Use to Describe Your Partner: _____

Is Your Partner Supportive of You Seeking Counseling: ☐ Yes ☐ No ☐ Unsure ☐ Partner Doesn't Know

With Whom Do You Currently Live (*Check All that Apply*): ☐ Alone ☐ Spouse ☐ Children ☐ Parent(s) ☐ Sibling(s)
☐ Boyfriend ☐ Girlfriend ☐ Roommate ☐ Other: _____

CHILDREN

List Your Children (Living or Deceased):

Name	Sex	Current Age or Year of Death	Relationship to You (e.g. Biological, Adopted, Step)	Living with You?	Describe Him/Her

Have You Ever Placed a Child for Adoption: ☐ Yes ☐ No. If Yes, When: _____

Have You Ever Had a Miscarriage or Medical Abortion: ☐ Yes ☐ No. If Yes, When: _____

FAMILY OF ORIGIN

List Mother, Father, Brothers, Sisters, Step Family, and Any Other Family Members who Effected You Positively or Negatively:

Name	Sex	Current Age or Year of Death	Relationship to You (e.g. Mom, Dad, Sibling, Step)	Occupation	Describe Him/Her

Do You Have a Personal Support System: ☐ Yes ☐ No. If Yes, Who: _____

MEDICAL INFORMATION

Primary Physician: _____ Phone: (_____) _____

Address: _____ City: _____ Zip: _____

Specialty (e.g. Family Practice, OB/GYN, Internal Medicine): _____

Are You Currently Receiving Medical Treatment: ☐ Yes ☐ No. If Yes, Please Specify: _____

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List Any Conditions, Illnesses, Surgeries, Hospitalizations, Traumas or Related Treatments You Have Had (Use Back if Necessary): _____

MEDICATIONS

List All Current Medications You Are Taking, including those You Seldom Use or Take Only as Needed (Use Back if Necessary):

Medication: _____ Dosage: _____ ☐ Improves ☐ Prevents ☐ Controls: _____

Medication: _____ Dosage: _____ ☐ Improves ☐ Prevents ☐ Controls: _____

Are You Taking these Medication(s) According to Your Doctor's Recommendations: ☐ Yes ☐ No

If No, Briefly Explain: _____

PHYSIOLOGICAL SYMPTOMS

Please Check Any of the Following Physiological Symptoms/Sensations that Apply to You Presently, or in the Recent Past:

Headaches..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Dizziness..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Stomach Trouble.... <input type="checkbox"/> Past <input type="checkbox"/> Present
Visual Trouble..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Sleep Trouble..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Trouble Relaxing.... <input type="checkbox"/> Past <input type="checkbox"/> Present
Weakness..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Tension..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Rapid Heart Rate... <input type="checkbox"/> Past <input type="checkbox"/> Present
Difficulty Breathing.. <input type="checkbox"/> Past <input type="checkbox"/> Present	Intestinal Trouble.... <input type="checkbox"/> Past <input type="checkbox"/> Present	Hearing Noises..... <input type="checkbox"/> Past <input type="checkbox"/> Present
Change in Appetite. <input type="checkbox"/> Past <input type="checkbox"/> Present	Tiredness..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Pain..... <input type="checkbox"/> Past <input type="checkbox"/> Present
Hearing Voices..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Seeing Things..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Other..... <input type="checkbox"/> Past <input type="checkbox"/> Present

Your Height: _____ Your Weight: _____ How has Your Weight Change in the Last 2-3 Months: _____

CURRENT STATUS

Please Check Any of the Following Problems which Pertain to You and/or Your Family:

Stress..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Nervousness..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Anxiety..... <input type="checkbox"/> Past <input type="checkbox"/> Present
Panic..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Unhappiness..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Depression..... <input type="checkbox"/> Past <input type="checkbox"/> Present
Guilt..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Apathy..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Terminal Illness..... <input type="checkbox"/> Past <input type="checkbox"/> Present
Recent Death..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Grief..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Hopelessness..... <input type="checkbox"/> Past <input type="checkbox"/> Present
Inferiority Feelings.. <input type="checkbox"/> Past <input type="checkbox"/> Present	Defective Feelings.. <input type="checkbox"/> Past <input type="checkbox"/> Present	Loneliness..... <input type="checkbox"/> Past <input type="checkbox"/> Present
Shyness..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Fears..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Friends..... <input type="checkbox"/> Past <input type="checkbox"/> Present
Marriage..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Communication..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Physical Abuse..... <input type="checkbox"/> Past <input type="checkbox"/> Present
Emotional Abuse.... <input type="checkbox"/> Past <input type="checkbox"/> Present	Verbal Abuse..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Sexual Abuse..... <input type="checkbox"/> Past <input type="checkbox"/> Present
Temper..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Anger..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Aggressiveness..... <input type="checkbox"/> Past <input type="checkbox"/> Present
Bad Dreams..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Concentration..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Racing Thoughts.... <input type="checkbox"/> Past <input type="checkbox"/> Present
Unwanted Thoughts <input type="checkbox"/> Past <input type="checkbox"/> Present	Memory..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Loss of Control..... <input type="checkbox"/> Past <input type="checkbox"/> Present
Impulsive Behavior. <input type="checkbox"/> Past <input type="checkbox"/> Present	Self-Control..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Compulsivity..... <input type="checkbox"/> Past <input type="checkbox"/> Present
Sexual Problems.... <input type="checkbox"/> Past <input type="checkbox"/> Present	Pregnancy..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Abortion..... <input type="checkbox"/> Past <input type="checkbox"/> Present
Legal Matters..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Trauma..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Eating Problems.... <input type="checkbox"/> Past <input type="checkbox"/> Present
Drug Use..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Alcohol Use..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Trouble with Job.... <input type="checkbox"/> Past <input type="checkbox"/> Present
Career Choices..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Ambition..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Making Decisions... <input type="checkbox"/> Past <input type="checkbox"/> Present
Children..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Being a Parent..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Finances..... <input type="checkbox"/> Past <input type="checkbox"/> Present
Recent Loss..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Disaster..... <input type="checkbox"/> Past <input type="checkbox"/> Present	Smoke Cigarettes... <input type="checkbox"/> Past <input type="checkbox"/> Present

LEVEL OF DISTRESS

Indicate How Distressed You Are by Placing an "X" on the Scale Below (1 = Very Little Distress; 10 = Extreme Distress):

1 2 3 4 5 6 7 8 9 10

Are You Currently Experiencing Any Suicidal Thoughts: ☐ Yes ☐ No. Have You Experienced Them in the Past: ☐ Yes ☐ No

Have You Ever Attempted Suicide: ☐ Yes ☐ No. If Yes, When and How: _____



Have Any of Your Friends or Family Ever Committed or Attempted Suicide: ☐ Yes ☐ No

If Yes, When and Who: _____

PRESENTING ISSUES AND GOALS

Please Describe Why You Are Coming to Counseling (*i.e. What Are Your Issues, Problems?*): _____

Why Have You Decided to Come for Counseling Now: _____

What Do You Hope to Gain or Change by Coming for Counseling: _____

How Long Do You Believe Counseling Should Last: _____

PREVIOUS COUNSELING

List Any Previous Counseling, Psychiatric Treatment, or Residential/In-Patient Care You Have Received (*Use Back If Necessary*):

Therapist: _____ Location: _____ Dates: _____ Reason: _____

Therapist: _____ Location: _____ Dates: _____ Reason: _____

RELIGIOUS BACKGROUND

Please describe your religious involvement if any. Are there any special religious, cultural or ethnic considerations we should be aware of?

ACTIVITIES, INTERESTS, & STRENGTHS

What do you do in your spare time? _____

What do you do well? _____

TERMS OF SERVICE

I hereby give Total Life Counseling Center permission to provide counseling services for the client mentioned above:

Signed: _____ Date: _____



Victimization History

Abuse:

Physical:

Sexual:

Mental:

Neglect:

Domestic Violence:

Past C.P.S. Involvement:

Potentially Abusive Behavior:

Substance	Onset	Current	Highest	Most Recent	Tolerance/Withdrawal
Alcohol					
Marijuana					
Cocaine					
Depressants					
Amphetamines					
Hallucinogens					
Opiates					
Inhalants					
K2, Bath salts, spice					
Other					
Tobacco					
Caffeine					



Authorization of Release Form

Our therapists may find it helpful to consult with your attorney, doctor, school, or applicable parties regarding treatment. In order to consult we need your authorization. If applicable, please complete on for each contact.

I, _____, hereby authorize Total Life Counseling Center,
1507 S. Hiawasse Road, Orlando, FL 32835 to:

Release information of: _____
Name of Client Date of Birth

To/From: _____
(family, doctors,
psychologist,
schools, etc.) _____

Phone #/Email: _____

(Please specify if you only want to authorize for appointments and payments.)

For the purpose of: ☐ Outpatient/Inpatient Counseling ☐ Coordination with schools
☐ Coordination with MD/Psychologist/OT Therapist/Therapist
☐ Coordination with other family members

I understand that under state and federal confidentiality provisions only the above specified information can be released to only the above specified person or agency. I also understand that I may revoke this release of information at any time, providing that I notify the authorized agency in writing to this effect, but that revocation has no effect on action previously taken.

This consent will expire on (optional) _____

Client, Parent, Guardian Date



Informed Consent & Release of Liability

Name: (please print): _____

I understand the following:

1. Counseling services are provided by practitioners who have earned a Master's Degree, or higher, in the field of counseling from an accredited graduate program and who have been licensed by the state of Florida as Mental Health Counselors, Registered Mental Health Counselor Interns (under the supervision of a License Mental Health Counselor Supervisor).
 - a. **Licensed Mental Health Counselors:** Jim West, Jamie Barrett, Matthew Martin, Stephanie Booth, Adriana Carreno, Sherecka Brown, Gemima McMahon
 - b. **Licensed Marriage & Family Therapist:** Lyris Steuber
 - c. **Licensed Clinical Social Worker:** Dana West
 - d. **Registered Mental Health Counselor Intern:** Brandon Feinberg, David Bolanos, Judy Irizarry, Chaliz Demuth, Dawn Helwig, Didem Alpaslan & Jaimie Homan
 - e. **Licensed Professional Counselor:** Anna Vita
 - f. **School Psychologist:** Dr. Marilyn Card
 - g. **Graduate Student Intern:** Valentina Stanley
 - i. A graduate student who is earning a Master's Degree in the field of counseling from an accredited graduate program and who is supervised by Licensed Mental Health Counselors by the State of Florida.
2. Although I expect benefits from this treatment, such benefits or particular outcomes cannot be guaranteed.
3. Due to the counseling or therapy, I may experience emotional strains, feel worse during treatment, and make life changes that could be distressing.
4. This counselor is not providing an emergency service; therefore, at any time you become extremely emotionally distressed or are in danger of hurting yourself or someone else, please call 911 for assistance.
5. Regular attendance will produce maximum results, but I am free to discontinue treatment at any time. A final closure/summary session is highly recommended to get the greatest benefits.
6. I understand that my counseling records & conversations with the counselor are kept confidential, except where disclosure is required by law (i.e. abuse of a child, elderly or disable person; potential harm or threat to self or others and specific information subpoenaed by a court of law.)
7. I know of no reasons that I should not undertake this therapy and I agree to participate fully and voluntarily.
8. I acknowledge that I may be given the option for telehealth when in-office sessions are not available and understand that it is my responsibility to make sure I maintain my own confidentiality while doing a virtual session.

All group members agree if the therapist is sued for breach of confidentiality, the client who breached confidentiality will hold the therapist harmless from any damages including attorney fees. Consequences of breaching confidentiality may result in pressed charges by another client. Although confidentiality agreements have been signed by all group members, this does not guarantee that confidentiality will not be breached by fellow group members.

My signature below indicated that I grant informed consent for Total Life Counseling to provide counseling services to myself and or minor members of my family.

Signature: _____ Date: _____



Notice of Privacy Practices

This Notice Describes how medical information about you may be used and disclosed and how you can get access to this information about you may be used and disclosed and how you can get access to this information. Please review this document carefully.

<p>The Health Insurance Portability & Accountability Act of 1996 (HIPAA) requires all health care records and other individually identifiable health information (protected health information) used or disclosed to us in any form, whether electronically, on paper, or orally, be kept confidential. This federal law gives you, the patient, significant new rights to understand and control how your health information is used. HIPAA provides penalties for covered entities that misuse personal health information. As required by HIPAA, we have prepared this explanation of how we are required to maintain the privacy of your health information and how we may use and disclose your health information.</p> <p>Without specific written authorization, we are permitted to use and disclose your health care records for the purposes of treatment, payment, and health care operations.</p> <ul style="list-style-type: none"> • <i>Treatment</i> means providing, coordinating, or managing health care and related services by one or more health care providers. Examples of treatment would include psychotherapy, medication management, etc. • <i>Payment</i> means such activities as obtaining reimbursement for services, confirming coverage, billing or collection activities, and utilization review. An example of this would be billing your insurance company for your services. • <i>Health Care Operations</i> include the business aspects of running our practice, such as conducting quality assessment and improvement activities, auditing functions, cost-management analysis, and customer service. An example would include a periodic assessment of our documentation protocols, etc. <p>In addition, your confidential information may be used to remind you of an appointment (by phone or mail) or provide you with information about treatment options or other health-related services. We will use and disclose your PROTECTED HEALTH INFORMATION when we are required to do so by federal, state or local law. We may disclose your PROTECTED HEALTH INFORMATION to public health authorities that are authorized by</p>	<p>law to collect information; to a health oversight agency for activities authorized by law included but not limited to: response to a court or administrative order, if you are involved in a lawsuit or similar proceeding; response to a discovery request, subpoena, or other lawful process by another party involved in the dispute, but only if we have made an effort to inform you of the request or to obtain an order protecting the information the party has requested. We may release your PROTECTED HEALTH INFORMATION to a medical examiner or coroner to identify a deceased individual or to identify the cause of death. We may use and disclose your PROTECTED HEALTH INFORMATION when necessary to reduce or prevent a serious threat to your health and safety or the health and safety of another individual or the public. Under these circumstances, we will only make disclosures to a person or organization able to help prevent the threat.</p> <p>Any other uses and disclosures will be made only with your written authorization. You may revoke such authorization in writing and we are required to honor and abide by that written request, except to the extent that we have already taken actions relying on your authorization.</p> <p>You have certain rights in regards to your PROTECTED HEALTH INFORMATION, which you can exercise by presenting a written request to our Privacy Officer at the practice address listed below:</p> <ul style="list-style-type: none"> • The right to request restrictions on certain uses and disclosures of PROTECTED HEALTH INFORMATION, including those related to disclosures to family members, other relatives, close personal friends, or any other person identified by you. We are, however, not required to agree to a requested restriction. If we do agree to a restriction, we must abide by it unless you agree in writing to remove it. • The right to request to receive confidential communications of PROTECTED HEALTH INFORMATION from us by alternative means or at alternative locations. • The right to request an amendment to your PROTECTED HEALTH INFORMATION. 	<p>outside of treatment, payment and health care operations.</p> <ul style="list-style-type: none"> • The right to obtain a paper copy of this notice for us upon request. We are required by law to maintain the privacy of your PROTECTED HEALTH INFORMATION and to provide you with notice of our legal duties and privacy practices with respect to PROTECTED HEALTH INFORMATION. <p>We are required to abide by the terms of the Notice of Privacy Practices currently in effect. We reserve the right to change the terms of our Notice of Privacy Practices and to make the new notice provisions effective for all PROTECTED HEALTH INFORMATION that we maintain. Revisions to our Notice of Privacy Practices will be posted on the effective date and you may request a written copy of the Revised Notice from this office.</p> <p>You have the right to file a formal, written complaint with us at the address below, or with the Department of Health & Human Services, Office of Civil Rights, in the event you feel your privacy rights have been violated. We will not retaliate against you for filing a complaint.</p> <p>For more information about our Privacy Practices, please contact: The Privacy Officer Total Life Counseling 1507 S. Hiawassee Road #101 Orlando, FL 32835 (407) 248-0030</p> <p>For more information about HIPAA or to file a complaint: The U.S. Department of Health & Human Services Office of Civil Rights 200 Independence Avenue, S.W. Washington, D.C. 20201 877.696.6775 (toll-free)</p>
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Acknowledgement of Receipt: Privacy Practice Notice

I, _____ have received a copy of Total Life Counseling Center Notice of Privacy Practices.

Street Address: _____

City: _____ State: _____ Zip: _____

Client

Signed: _____ Date: _____

Witnessed

Signed: _____ Date: _____



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Please do not write in space below. For office use only

Issues	Descriptions & Objectives	Interventions

Diagnostic Impressions:

Axis I: _____

Referrals

Holistic Doctors

Dr. Jeff Haskel, PhD
Energetic Life
(407) 647-2220

Dr. Kirt Kalidas, MD – Holistic
The Center for Natural & Integrative
Medicine
(407) 355-9246

Dr. Scott Vanlue, MD – Holistic
Everything Well

Dr. Jennifer Bourst
Unity Family Chiropractic Center

Family Physician & Dietician

Allilin Family Medicine
(407) 657-2111

Dr. Rick Baxley
(407) 246-7001

Dr. Scott W. Vanlue, MD
(407) 862-5637

Alice Baker, RD, LDN – Dietician
Joyful Nutrition
(407) 340-8251

Occupational Therapist

Achieve Pediatric Therapy
(407) 277-5400

Learn to Learn
(407) 277-5550

Center For Speech & Language
Rhonda Hemphill, M.S. CCC-SLP
(407) 299-1533

Learning RX
Bethsy Clements
(407) 614-6255

Orlando – Family Law

Tom Marks – Attorney
The Marks Law Firm – Family Law
(407) 872-3161

Rebecca Palmer - Attorney
The Orlando Family Firm
(407) 377-6399

Cheri Hobbs - Attorney
Guardian Ad Litem
Compass Law Firm
(407) 896-1166

Diane N. Holmes – Attorney
N. Diane Holmes, PA, Family Law
(407) 843-1744

Anthony Diaz – Attorney – Mediation &
Collaborative Law
Law Office of Anthony J. Diaz
(407) 774-4949

Aubrey Harry Ducker, Jr.
Attorney and Counselor at Law
407-645-3297

Dr. John Grbac (407) 447- 5437

Teresa Parnell Psy.D – Parent Coordinator
Drparnell.net
407-862-2722

Lake Mary - Family Law

Elaine Silver
Collaborative Divorce lawyer
407-268-6830

Clermont – Family Law

Boyette Cummins & Nailos--
Attorney
BCN Law Firm
(352) 394-2103

J.J. Dahl – Dahl Family Law
Group (352) 243-4100

Pamela J. Helton – Attorney
The Law Offices of Pamela
Helton, PA
(352) 243-9991

Personal Injury Attorneys

Wade Boyette
Boyett Offices
(352) 394-2103
Fax: (352) 394-2105

Umansky Law Firm
(407) 228-3838
Fax: (407) 228-9545

Vitamin Store

Chamberlin's Natural Foods
(407) 352-2130

Clermont Herb Shoppe & Spa
(352) 243-3588

Your local Vitamin Shoppe or

Resources for Special Needs Children

Achieve Pediatric Therapy, Heather Gray
(407) 668-4923 (Dr. Phillips) or
(407) 277-5400 (East Orlando)

Aliccia Braccia School Psychologist
Resources
(407) 718-4430

Bright Feats - Orlando
(407) 620-9355



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Psychiatrist

Dr. Heid Napolitano, MD
The Happy Mind Company
(407) 704-1461

Dr. Dhungana
Serenity Health
(352) 241-9282

Dr. Syed Quadri
(407) 270-7702

Dr. Morales
Child Psychiatrist – Oviedo
(407) 365-0440

Dr. Andrew Pleener
Windermere
407-868-1514

Dr. Herndon Harding
(407) 671-0057 – Winter Park

Eating Disorder IOP

Blue Horizons, partnered with
Remuda Ranch
(407) 719-6294

Eudine Harry MD
Center for Medical Weight Loss of
Orlando
Medical Director
(407) 480-3339

Wekiva Springs Center (Jacksonville)
(904) 296-3533

Rega Mental Health Center (Coral
Springs)
(954) 346-8300

Renew Center of Florida (Boca Raton)
(954) 907-3446

OBGYN

Mark Bielawny
David Hazel-Ann Family Practice
407-381-7364

Dr. Joseph Kerpsack
352-241-7050

Dr. Andrew Karen
Southlake Hospital
352-241-7275

Psychologist

Dr. Charlene Messenger – Educational
Psychologist
(407) 895-0540

Dr. William Saunders, PhD – Central
Florida
Psychological Associates
(352) 365-2243

Clarice L. Honeywell, M.S., NCSP –
School/Educational
The Psychology & Counseling Group
(407) 523-1213

Dr. Patrick Gorman, dpsy, PSYD –
Neuro-Developmental
(407) 644-7792

Stacy Carmichael, PhD ABPP
407-415-1450

Alex Sanchez, LLC-Biofeedback
Therapist
(321) 289-6708

Marilyn Card
Total Life Counseling/Card Counseling
Testing Evaluations & Services.

Criminal Attorneys

Joe Pate – Attorney
Pates Law Group, P.A.
(407) 896-1166

Joy Ragan – Attorney
The Marks Law Firm – Family Law
(407) 872-3161

Zahra Umansky
Umansky Law Firm – Criminal &
Juvenile
(407) 228-3838

Bill Umansky
(407) 599-3838

Anthony Diaz
(407) 774-4949

Residential Addictions

Central Florida Behavioral Hospital
(407) 370-0111

Journey Pure Orlando Addiction
407-501-4136

La Amistad Behavioral Health
(Maitland)
(407) 647-0660

The Grove
(407) 327-1765

Seminole Mental Health
(407) 831-2411

Darryl Strawberry Recovery Center
(855) 973-7333

Advanced Recovery
(321) 527-2576

Inpatient for adults

Central Florida Behavioral
(407) 370-0111

La Amistad
(407) 647-0660

University Behavioral Center
(407) 281-7000

Seminole Community Mental Health
(407) 831-2411

Aspire
(407) 291-6335

American Addictions Center
Ryan Aldrin
407-450-0947

The Recovery Village
Kevin Reese
352-800-6077

Lifestream Behavioral
(866) 355-9394

Visual Therapy

Dr. Toler
Hope Vision Development
352-243-4673

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