

# SATURDAY CAMP



ROPES COURSES continue to gain recognition as the “Experiential” learning accelerates insight into trust, healthy communication, friendships, and leadership. The Ropes Program utilizes various initiatives to challenge participants physically, mentally, emotionally and socially. We include both Low Elements, which are close to the ground, and High Elements, which can be up to 40 feet high. Campers will build relationships as they work together to solve each challenge, learning to trust each other and become trustworthy.

Students learn the only way to overcome fears is to face their fears and most do face their fears. Students often do more than ever imagine and they push themselves because of the constant encouragement and affirmation from their peers. Children and Adolescents with a variety of concerns benefit from this camp. The following concerns are a few of many issues addressed: **struggling with lack of assertion, boundary issues, difficulty reading non-verbals, leadership development, oppositional, inattentive, mood swings.**

## SCREENING REQUIRED FOR NON-TLC CLIENTS

**When:** Call for Dates!!

**Where:** 2221 S Binion Rd Apopka, FL 32703

**Counselor:** James West, LMHC NCC

**Email:** [info@totallifecounseling.com](mailto:info@totallifecounseling.com)

**MEALS INCLUDED!!!**

### Key Benefits

- Character Building
- Leadership/Communication Skills
- Responding to Provoking/Bullying
- Anger Management/Conflict Resolution
- Coping Skills
- Overcome Fears
- Building self-confidence
- Reduce Anxiety

### Why Use a Ropes Course?

- ROPES COURSES are “Challenge by Choice”
- Affirmation from their peers
- Accelerates insight into trust, healthy communication, friendships, and leadership
- Challenge participants physically, mentally, emotionally and socially



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# 15 SYMPTOMS OF SOCIAL DELAYS



If you can answer two or more of these symptoms about yourself or your student, this may indicate a need for help to connect socially with your peers and to prepare for the real world.

## Here are a few symptoms to look for:

- 👉 Unable to recognize non-verbal cues
- 👉 Tendency to get in peers' personal space
- 👉 Annoy others to get attention
- 👉 Low self confidence
- 👉 Poor eye contact
- 👉 Only interested in myself/or them-self rather than taking an interest in peers
- 👉 Talk too much
- 👉 Lack assertion
- 👉 Impulsive or blurt out responses
- 👉 Try too hard to make friends laugh
- 👉 Inability to roll with conflict
- 👉 Have a need for justice and fairness, and judges peers
- 👉 Isolate or withdraw from peers
- 👉 Always want to be first or want things my/or their way
- 👉 Friends do not call to hang out!



**JAMES WEST, LMHC, NCC | Connects quickly with students:** Jim has a unique way of bonding with children and adolescents through Play Therapy, Power Point Presentations, Interactive Games, Recreation Therapy and staying current with the constantly changing world of the children & adolescents. Jim also stays current with adolescents through his 13 years experience in youth ministry in speaks to students at school assemblies, youth groups and conventions.

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