

EXCELLENT CARE

Our balanced approach is creative and holistic, incorporating more than traditional therapeutic approaches. TLC incorporates various therapies: recreational, art, talk, coaching, mentoring and group.

THE TOTAL DIFFERENCE

At TLC we work with only the best MD's, Psychologists, Neuro-Developmental Psychologists, Naturepaths, Psychiatrists, etc. We excel at helping clients often without medication, but refer to the best psychiatrists in town when needed. With our team approach we can handle most mental health issues.

DYNAMIC SPEAKERS

Many professional organizations, business alliances, civic organizations, churches, and schools call on TLC on a variety of topics: Marriage, Stress Management, Grief Recovery, Parenting, Surviving your Teenagers, Attention Deficit/Hyperactivity Disorder, and many other topics.

LOCATED IN THREE CONVENIENT LOCATIONS

Our offices are located in Metro West,

E. Orlando, Winter Park and Clermont.



Main Office

1507 Hiawassee Road, Suite 101, Orlando, FL 32835

Satellite Locations

1850 Lee Road, Suite 215, Winter Park, FL 32789

7432 State Road 50, Groveland, FL 34736

2800 S, Alafaya Trail Orlando, FL 32828

www.TotalLifeCounseling.com P: 407-248-0030 F: 407-248-0226



Empowering, Equipping and Encouraging

Individuals and Families through Counseling, Coaching and Leadership Camps

For Additional Information Visit:

www.TotalLifeCounseling.com

Phone: 407-248-0030



Counseling... Coaching... Communicating... Leadership Camps



Jim West, M.A., LMHC, NCC Licensed Counselor, Nationally Certified Counselor

Children & Adolescents

Janie Lacy, M.S.

Registered Mental Health Counselor Intern

Anger Management

Affairs & Pornography

Dysfunctional Relationships

Personal Growth & Self-Esteem

- Attention Deficit/Hyperactive Disorder
- **Oppositional Defiant Children & Teens**
- Social Skills & Leadership Coaching
- Team Building—Youth & Organizations

Marriage & Pre-Marital Counseling









Debbie Haughton, M.S. Registered Mental Health Counselor Intern

- Substance Abuse (Addictions) •
 - Teen Girls & Women's Issues
 - Grief & Loss
- Sexual Abuse/Trauma
- Gender Identity

Jada Collins, Coach, M.A. Candidate Author, Communicator, Super Model & Coach

- Female Teens & Young Adults
- Motivational Speaker
- Personal Enhancement Coach
- Self-Esteem

Anthony Gutierrez, M.S. Registered Mental Health Counselor intern

- Bilingual Counseling—Spanish
- Marriage & Family
- Sports-Recreation Therapy
- Children of Divorce
- ADHD & ADD



Marta Rocha, M.A. Candidate Mental Health Graduate Student Intern

- Family Counseling
- Multi-Cultural Portuguese & Spanish
- **Divorce** Care
- Anxiety/Depression
- Leadership Training & Business

Sandi Burchfield, M.S. Registered Mental Health Counselor Intern

- Pre-School & Elementary Children
- Step-Parenting & Blended Families
- Self-Injury or Cutting Behaviors
- Autistic & Aspergers Children
 - **Domestic Violence**

Xio Galdon, M.S. Candidate Mental Health Graduate Student Intern

- Abandonment, Abuse & Neglect
- Co-Dependency and Self-Care
- Adolescent Substance Abuse
- Bilingual Counseling—Spanish
- Trauma-Focused Therapy

GROUPS & COURT REFERRALS

- 8 Hour Anger Management Classes •
- Substance Abuse Assessments & Treatment
- 4 Hour Parenting
- Social Skills

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- Day & Summer Adventure Camps
- Marriage Seminars •





Call Today For Your Complimentary 15 Minute Phone Consult! 407-248-0030









